

KEYNOTE SPEAKER

SISTER CAROLE RILEY, C.D.P., Ph.D., L.P.C.

Inner Simplicity

Inner simplicity is the opposite of hoarding and clutter. How do we foster inner simplicity in our daily life? Living counter-culturally requires virtue, support, emotional readiness and psychological awareness. Ways to foster inner simplicity in oneself and one's family will inspire the participants to seek the God of simplicity with deeper inner fortitude.



Sister Carole Riley of the Sisters of Divine Providence is a presenter of spiritual seminars throughout the world. She is Professor of Music Education and Piano and Director of Graduate Studies at Duquesne University, Pittsburgh. In addition, Sister is executive director of the West Virginia Institute for Spirituality in Charleston.

She recently received the Mary Emil Penet Award for excellence in service to religious formation and the Duquesne University Presidential Award for Excellence in Community Service.

Sister Carole has addressed national and international audiences and is in demand as a lecturer and retreat director. She has published over thirty-four cassettes/CD's with St. Paul Communications of Canfield.

Diocese of Youngstown
Office of Worship
144 West Wood Street
Youngstown, OH 44503

ADDRESS SERVICE REQUESTED

WOMEN'S SPIRITUALITY DAY

featuring

Sister Carole Riley, C.D.P., Ph.D., L.P.C.

Saturday, February 27, 2010

8:30 a.m. – 3:00 p.m.

Ursuline Center
4280 Shields Road
Canfield, Ohio 44406

Sponsored by the Committee on Women's Issues

Diocese of Youngstown

REGISTRATION INFORMATION

Where: Ursuline Center
4280 Shields Road
Canfield, OH 44406

When: Saturday, February 27, 2010
8:30 a.m. – 3:00 p.m.

Cost: \$25 per person (*includes lunch*)
\$22 per person for 5 or more from
one parish/institution
(*includes lunch*)
After February 17 - \$27 per person
at the door (*lunch not guaranteed*)

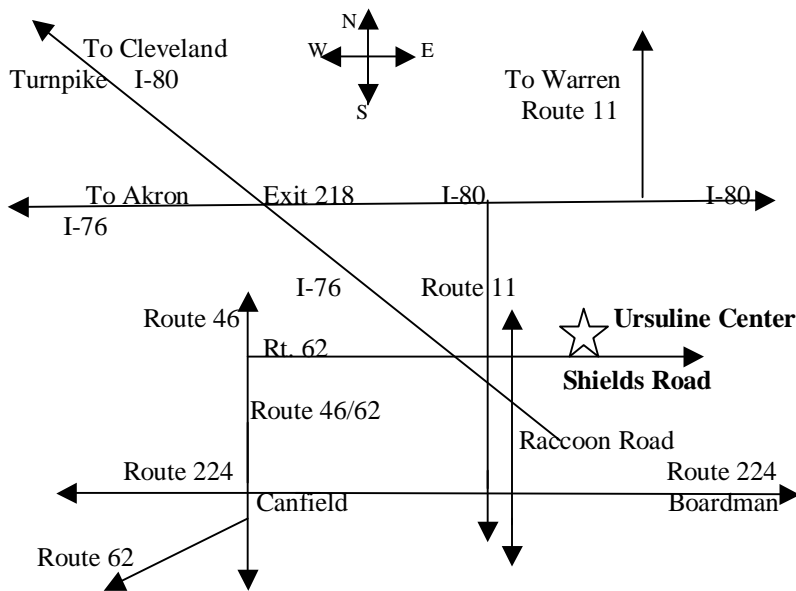
SCHEDULE OF THE DAY

8:30	Sign in and Gathering in Chapel
9:00	Morning Prayer
9:30	Keynote
10:30 - 11:30	Workshop Session A
11:40 - 12:40	Workshop Session B or Lunch
12:50 - 1:50	Workshop Session B* or Lunch
2:00 - 3:00	Workshop Session C

Credit: Religious Education Certification
Credit and Individual Professional
Development Credit will be given
for the number of hours attended
(maximum 4 hours for the day).



DIRECTIONS TO URSULINE CENTER



From Route 11: Exit at Route 224 Boardman - Canfield ramp. Go East (left) on Route 224 crossing over Route 11. At first stop light go north (left) on Raccoon Road. At next light, turn right on Shields Road. The Ursuline Center is on the left. Go to the parking lot to the left of the complex. If coming from the south on Route 11 go directly north on Raccoon Rd. and follow directions above.

From Canton/Massillon: Follow Route 62 to Route 224. Follow Route 224 east about 1 mile from the center of Canfield to Raccoon Road. Turn left on Raccoon and continue with the directions above.

From the West on Ohio Turnpike: East to Exit 218 then stay on I-80 to Rt. 11 South. Follow above directions.

For more information or additional brochures, please contact the Office of Worship,
330-744-8451, ext. 304 or famer@youngstowndiocese.org.

WORKSHOPS

SESSION A 10:30 – 11:30

A-1 STRATEGIES FOR GROWING STRONGER DURING TIMES OF LOSS

Necessary losses include the losses associated with aging bodies, loss through death, loss of dreams, jobs, hopes for children and hopes for oneself and sometimes loss of 'faith as we understood it'. The workshop will present strategies for becoming stronger emotionally and spiritually during these crisis times. Handouts will be available.

Presenter: Sister Carole Riley, C.D.P. – *Duquesne University, Pittsburgh*

A-2 WOMEN IN THE GOSPEL OF LUKE: A GIFTED CHALLENGE FOR TODAY'S CHURCH

We will reflect on how Jesus related to women in the Gospel of Luke and how this Biblical mandate should guide pastoral ministry as a collaboration of men and women in the present and future church.

Presenter: Reverend James Walker – *Pastor, St. Cyril and Methodius Parish and Christ Our King Parish, Warren*

A-3 MEETING GOD IN RETIREMENT

This workshop will explore the unique relationship with God in later life: stages of retirement spirituality.

Presenter: Judith M. Magielski – *Retired Director of Religious Education, St. Charles Parish, Boardman*

A-4 CELTIC SPIRITUALITY AND THE BRIDGET TRADITION: POSITIVE AND EMPOWERING IMAGES OF WOMEN

Celtic Spirituality has been described as a "wonderfully life – affirming and exuberant kind of Christianity" which was characterized by: themes of nature; strongly incarnational theology; human creativity; positive and empowering images of women; and centrality of the doctrine of the Trinity.

Presenter: Eileen Walsh Novotny – *St. Michael Parish, Canfield*

A-5 REACHING OUT: OPPORTUNITIES NEAR AND FAR

This panel will present their experiences with ministering to others from Warren to Mississippi to El Salvador. Come and learn from their unique perspectives.

Presenters: Samm Lewis and Pat Rogan – *Blessed Sacrament Parish, Warren*

Sister Mary Jean Morris, O.S.F. – *Pastoral Coordinator, Glenmary's St. Luke Mission, Bruce, Mississippi*

Janet Stadulis – *University Parish Newman Center, Kent*

**PLEASE NOTE THAT SESSION B IS SPLIT TO FACILITATE THE SERVING OF LUNCH.
PLEASE CHOOSE ONLY ONE OF THE FOLLOWING SIX WORKSHOPS.
YOU WILL HAVE LUNCH DURING THE OTHER TIME PERIOD.**

SESSION B 11:40 – 12:40

B-1 FINDING MY PLACE IN PRAYER

We will survey a wide variety of prayer forms, both personal and communal. Participants will explore and experiment with the diverse traditions of Christian prayer.

Presenter: Jim Merhaut – *Director, Villa Maria Education and Spirituality Center, Villa Maria, Pennsylvania*

B-2 THE HEART OF THE MATTER: WOMEN AND HEART DISEASE

This workshop will explore the "heart" of women. We will discuss the risk factors for cardiovascular disease in women and important steps women can take to modify their risk.

Presenters: J. Ronald Mikolich, M.D. – *Holy Family Parish, Poland*

Melinda K. Smith, M.D. – *St. Charles Parish, Boardman*

B-3 GRANDPARENTING – A FAITH-FILLED BLESSING!

Let's explore the joys and blessings of sharing faith as grandparents. Bring a faith story about your grandchildren to share. Take home tips on handing on the light of Christ to our children's children.

Presenter: Michalene Murphy – *Pastoral Minister, St. Patrick Parish, Kent*

SESSION B* 12:50 – 1:50

B-4* GOD AND THE SHACK

Who is God for the author of *The Shack*? How is this image connected to our Catholic understanding of God found in the Scriptures, tradition and our own lived experience.

Presenter: Sister Regina Rogers, O.S.U. – *Assistant Principal, Ursuline High School, Youngstown*

B-5* TAIZÉ PRAYER: OPEN UP A HOST OF NEW POSSIBILITIES

Learn about this contemplative prayer form involving songs, a psalm, a Scripture reading, prayers and silence. Sing songs in the Taizé "style". Experience Taizé prayer.

Presenter: Patricia Campbell – *Director of Music and Worship, Blessed Sacrament Parish, Warren*

B-6* THE CORPORAL WORKS OF MERCY: CHARITY AND JUSTICE TODAY

This workshop will explore the principles of Catholic Social Teaching and how we can live out the corporal works of mercy today.

Presenter: Brian Corbin – *Executive Director, Catholic Charities, Diocese of Youngstown*

SESSION C 2:00 – 3:00

C-1 SEARCHING SOULS: SPIRITUALITY OF YOUNG WOMEN

Teens and young adults desperately hunger for holiness in their daily lives. Come explore how they are seeking God and discuss ways to assist them on their faith journeys.

Presenter: Cindee Case – *Director, Office of Youth and Young Adult Ministry, Diocese of Youngstown*

C-2 FRANCISCAN SPIRITUALITY – A FEMININE PERSPECTIVE

This presentation will reflect on the writings of Francis and Clare of Assisi with a special focus on feminine images. The presenter will creatively combine story and song to exemplify the timeliness of Franciscan Spirituality today.

Presenter: Sister Mary Jean Morris, O.S.F. – *Pastoral Coordinator, Glenmary's St. Luke Mission, Bruce, Mississippi*

C-3 PRAYING WITH COLOR: DRAWING CLOSER TO GOD

We will experience a new "active, meditative and playful prayer practice" developed by Sybil MacBeth called Praying in Color. Using paper and color markers we will "doodle" our prayer intentions in an effort to get still and draw close to God.

Presenter: Sister Gay Rowzie, H.M. – *D.R.E., St. Joan of Arch Parish, Streetsboro*

C-4 MARY: ICON OF THE CHURCH'S PRAYER

The question, "How and why is Mary a model of prayer?" can only be answered from the perspective of Mary's relationship to the prayer and faith of the Church. Mary is the perfect *Orans* (pray-er), a figure of the Church. This presentation examines Mary's prayer as gift, covenant, and communion, and as a model for the prayer of the Church and of our own.

Presenter: Sister Mary Brendon Zajac, S.N.D., D.Min, *Technology Coordinator, Chardon Province, Sisters of Notre Dame*

REGISTRATION

Name _____ Telephone _____

Address _____ City _____ Zip _____

Parish _____ City _____

CHECK ONE PREFERENCE FOR EACH SESSION:

SESSION A

- 1 – Strategies for Growing Stronger
- 2 – Women in the Gospel of Luke
- 3 – Meeting God in Retirement
- 4 – Celtic Spirituality
- 5 – Reaching Out

SESSION B

- 1 – Finding My Place in Prayer
- 2 – Women and Heart Disease
- 3 - Grandparenting
- 4* - God and *The Shack*
- 5* - Taizé Prayer
- 6* - The Corporal Works of Mercy

SESSION C

- 1 – Spirituality of Young Women
- 2 – Franciscan Spirituality
- 3 – Praying with Color
- 4 – Mary: Icon of the Church's Prayer

Payment must accompany registration.

Return by **February 17** to: Office of Worship
144 West Wood Street
Youngstown, OH 44503

Please duplicate for each registrant.

Women's Spirituality Day

\$25.00 per person (*includes lunch*)

\$22.00 per person for 5 or more from one parish/institution (*includes lunch*)

After February 17: \$27.00 per person at door (*lunch not guaranteed*)

Funded in part by the

Annual Bishop's

Appeal for Catholic

Charities and Church

Make checks payable to: Diocese of Youngstown

No Refunds